

# clear. healthy. skin.

a quarterly newsletter meant to inform and refresh

Volume II - Issue 2 - Winter Quarter

essentia  
botanica

## Hydrating Sweetness

As we approach the month of February, we think of snow, more snow, and Valentine's Day! In the middle of a dreary month, this little holiday uplifts spirits with bright red hearts, sentimental cards, and chocolate! Scientists have discovered the benefits of dark chocolate as a potent antioxidant, realizing that cocoa phenols can help to reduce blood pressure. Of course, moderation in amounts is the key!! **Essentia Botanica** is offering a Decadent Chocolate Facial for the month of February. Experience the difference that chocolate can make for your skin as this carefully blended mask moisturizes, has anti-bacterial properties, and is a great exfoliant. Come away with skin feeling

refreshed, renewed, and yummy!

The month of March brings a sense of quickening as we look forward to the Equinox on March 20th and have a sense that Spring is truly arriving. The sap rises, and at **Essentia Botanica** it is all about maple syrup! Enjoy our Maple facial and experience the soothing, hydrating benefits of maple syrup and oats!

## Valentine's Day On the Way

Do you have a special someone in your life that needs some relaxation and rejuvenation? Our facials are the perfect way to say "I love you." Ask us what we can do for you!



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Wednesday 12p-7p | Friday 9a-5p | Saturday 9a-1p

Make it a sweet Valentine's Day with a  
**Decadent Chocolate Facial- \$60.00**

Expires 2-28-10

One (1) coupon per customer per transaction. This coupon cannot be combined with any other offers or with gift certificates.

Cleanse your seasonally dry skin with a  
**Maple Miracle Facial-\$60.00**

Expires 3-31-10

One (1) coupon per customer per transaction. This coupon cannot be combined with any other offers or with gift certificates.