

# Reiki I Class

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M A Y 29<sup>th</sup> & 30<sup>th</sup>

S at & S un 9:00 - 5:00

Two-Day Intensive

Taught by, Gi Indoccio, Reiki Master Teacher, LCMHC

Gi has been a Reiki Master Teacher for over 14 years and a Psychotherapist for over 9 years.

Reiki ("Ray-key") is a subtle, non-invasive, hands-on healing technique from Japan that facilitates transformational healing at all levels; physical, emotional, mental and spiritual. This tranquil energy reduces stress, promotes deep relaxation, relieves pain, and restores balance in the body, mind, and spirit. Reiki works with the body's innate ability to help heal itself. After a Reiki session many people experience profound relaxation, warmth, and peacefulness which decreases stress, (the #1 cause of illness). You can help yourself, family, friends, and clients with Reiki.

C ome learn, laugh, and be Reiki! It's F un & E asy!

At Whole Life Health Care, 100 Shattuck Way, Newington, NH

Tuition: \$ 125.00 for the two-day intensive

\$50 non-refundable deposit required, please

T o register C all G i at 603-860-8645 or email G i at

gracefulawakenings@gmail.com

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